

Insulin/Injectable Combos

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Name	Combines	Considerations
IDegLira* Xultophy 100/3.6	Insulin degludec (IDeg or Tresiba) Ultra long insulin + Liraglutide (Victoza) GLP-1 Receptor Agonist (GLP-1 RA)	Xultophy 100/3.6 pre-filled pen = 100 units IDeg / 3.6 mg liraglutide per mL Once daily injection – Dose range 10 to 50 = 10 – 50 units IDeg + 0.36 -1.8 mg liraglutide Recommended starting dose: • 16 IDegLira (= 16 units IDeg + 0.58 mg liraglutide) Titrate dose up or down by 2 units every 3-4 days to reach target. Supplied in package of five single-use 3mL pens. Once opened, good for 21 days.
iGlarLixi* Soliqua 100/33	Insulin glargine (Lantus) Basal Insulin + Lixisenatide (Adlyxin) GLP-1 Receptor Agonist	Soliqua 100/33 Solostar Pen = 100 units glargine / 33 µg lixisenatide per mL Once daily injection an hour prior to first meal of day. Dose range 15 – 60 = 15-60 units glargine + 5 – 20µg lixisenatide Recommended starting dose: • 15 units if not meeting glucose target on 30 units basal insulin or GLP-1 RA • 30 units if not meeting glucose target on 30-60 units basal insulin or GLP-1 RA Titrate dose up or down by 2-4 units every week to reach target. Supplied in package of five single-use 3mL pens. Once opened, good for 14 days.

***Discontinue basal insulin /GLP-1 RA therapy before starting. If dose missed, resume with next usual scheduled dose.**

Observe precautions of each component drug.

GLP-1 & GIP for Diabetes & Weight Loss

Class/Action	Generic Name	Diabetes Version Dose & Indications	Wt loss Version Max Dose & Indications	Considerations
GLP-1 RA - Glucagon Like Peptide Receptor Agonist "Incretin Mimetic" - Increases insulin release with food - Slows gastric emptying - Promotes satiety - Suppresses glucagon	exenatide 2x day injection	exenatide 5 and 10 mcg		Side effects: N/V, wt loss. Report signs of pancreatitis or ileus, stop med.
	liraglutide 1x day injection	Victoza† 0.6, 1.2, 1.8mg	Saxenda†† - 3.0mg	Black box warning: Avoid if family history medullary thyroid tumor.
	dulaglutide 1x week injection	Trulicity† 0.75, 1.5, 3.0, 4.5mg		FDA approved to reduce Major Adverse CV Events; MI, Stroke, Death (except exenatide, Saxenda).
	semaglutide 1x week injection	Ozempic 0.25, 0.5, 1.0, 2.0mg Tx for CKD	Wegovy†† - 2.4mg High Dose - 7.2mg Tx for MASH	†Approved for peds 10-17 yrs ††Approved for Peds 12-17 years
	semaglutide Daily Oral - fasting w/ H2O	Oral Ozempic 1.5, 4, 9 mg Rybelsus 3, 7, 14 mg	Wegovy - 25mg Oral tablet	Lowers A1C ~ 0.5 - 1.6% Wt loss: 4-9% (Diabetes versions)
GLP-1 & GIP Receptor Agonist Activates receptors for GLP-1 (see above) & Glucose-dependent Insulinotropic Polypeptide (GIP).	tirzepatide 1x week injection. Single dose prefilled pen or vial. Gradually adjust dose based on shared decision, individual goals.	Mounjaro† 2.5, 5.0, 7.5, 10, 12.5, 15 mg. Reduces Major Adverse CV Events; MI, Stroke, Death	Zepbound Max dose 15mg Tx for sleep apnea	Side effects: N/V, wt loss. Report pancreatitis or signs of ileus, stop med. Black box warning: Avoid if family hx of medullary thyroid tumor. †Approved for peds 10-17 yrs Lowers A1C ~ 1.8 - 2.4% Wt loss: 7-14% (Diabetes versions)